

ALLERGY TRIGGERS MONTH BY MONTH



Wherever you live, manage symptoms with ZYRTEC®

Common outdoor allergy triggers—the pollens from trees, weeds, and grasses—are found nationwide. But these pollens hit at different times depending on the location.

Knowing when to expect your allergy triggers can help you be prepared. Have ZYRTEC® on hand before allergy season starts.

- ZYRTEC® relieves the worst allergy symptoms: sneezing; runny nose; itchy, watery eyes; and itching of the nose or throat
- If symptoms include nasal congestion, ZYRTEC-D® contains a decongestant that can bring relief

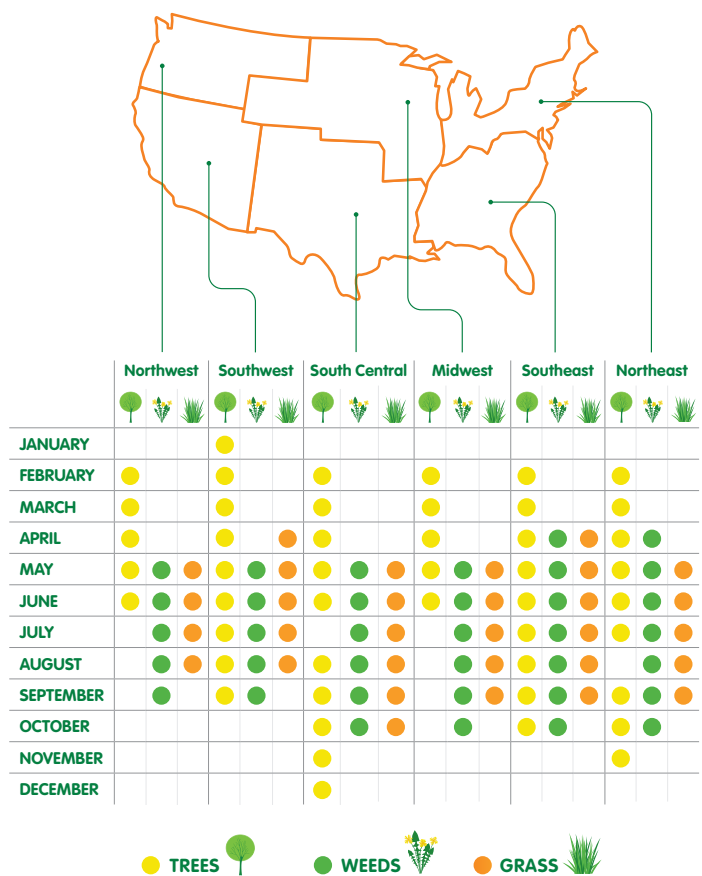
No matter where you live, choose ZYRTEC®.

ZYRTEC® relieves symptoms of outdoor allergies—and indoor allergies, too



Use products only as directed.

COMMON ALLERGY TRIGGERS BY MONTH



LOCAL POLLEN FORECASTS AND MORE WITH FREE ZYRTEC® ALLERGYCAST® APP*†

Symptom severity predictions, allergy tips, personal symptom tracker.

ZYRTEC® ALLERGYCAST® app works on iPhone® and Android™ as well as many other digital devices.

*Standard data rates apply.

†The information contained in the allergy forecast is provided by third parties for informational purposes only and does not represent a guarantee of accuracy or an endorsement, direct or implied, by Johnson & Johnson Consumer Inc., McNeil Healthcare Division.

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